



## Tammy L Delmedico

May 15, 1961 - August 31, 2017

Tammy (Harrold) Delmedico, 56, was born on May 15, 1961 in Tahlequah, OK, to Wayne and Nancy Harrold. She passed away peacefully on August 31, 2017.

A native of Fort Gibson, Tammy graduated from Fort Gibson High School in 1979 and attended Northeastern State University. Tammy received her Bachelor's Degree in Physical Education and Health, and began teaching in 1986. She taught for 30 years, the majority of that time at Fort Gibson as an 8th grade science teacher. She retired in 2016. On April 28, 2000, she married Jeff Delmedico. They enjoyed many hobbies together, including gardening, traveling, going junkin', and spending time with family and friends.

Tammy spent many years of her life on the softball field – playing in both coed and women's leagues. "Coach D" took her knowledge and experience from the game to the softball field at Fort Gibson High School where she coached for 20 years.

Tammy has been a light in the lives of many of her students and players and has mentored many others in the community of Fort Gibson. She was a faithful member of Fellowship Bible Church and always strived to be kind and loving to others.

Tammy was preceded in death by her father, Wayne. She is survived by her mother, Nancy Harrold; brother, Dale Harrold [wife Dianne]; husband, Jeff; four children, Jace [wife Amanda], Dane [fiancé Natalie], Jayne [husband Zach and daughter Laurel] and Andi [husband Chad and son Heston]; and numerous other family members and countless friends.

Tammy exuded kindness, joyfulness, strength and courage. She lived by Matthew 5:16: "Let your light shine before others, that they may see your good works, and glorify your Father who is in heaven."

In lieu of flowers, please consider donating to the local chapter of Fellowship of Christian Athletes in honor of Tammy (Oklahoma FCA/Lake Country, 3809 South Boulevard, Edmond, OK 73013).

A memorial celebration will be held on Tuesday, September 5th, at 6 p.m. at the Fort Gibson High School Auditorium with Pastors Billy Parker and Bob Dewoody officiating.

The family of Tammy L. Delmedico has entrusted her cremation and services to Clifford D Garrett Family Funeral Home and Cremation Service, Fort Gibson. 918-478-2555

Online condolences may be left at [clifforddgarrettfamilyfh.com](http://clifforddgarrettfamilyfh.com)

# Previous Events

## Celebration of Life

SEP 5. 6:00 PM (CT)

Fort Gibson High School Auditorium  
500 Ross Ave  
Fort Gibson, OK 74434

# Tribute Wall



“ *Tammy L Delmedico*

January 29, 2023 at 12:59 PM



“ *Mrs. Harrold I'm so sorry to hear about Tammy. I have very good memories of you and Tammy playing softball with my dad, and so many others. My thoughts & prayers are with you and your family.*

**Kim Kiser-Robertson** - September 06, 2017 at 02:02 PM



“ *May God be with you, and give you peace and comfort. Praying for you All. Your neighbor Dave & Carol Blue and family*



**bblue@mpsi20.org** - September 05, 2017 at 01:42 PM



“ *Theresa Bush and family purchased the Full Of Love Bouquet for the family of Tammy L Delmedico.*



**Theresa Bush and family** - September 04, 2017 at 05:51 PM

GM

“ So sorry to hear about Tammy. Our thoughts and prayers are with the family.

*Glenda and Cleon McClain  
Nancy Malone*

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**Glenda & Cleon McClain & Nancy Malone** - September 04, 2017 at 03:57 PM



“ *Lavender Reflections Spray was purchased for the family of Tammy L Delmedico.*



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September 04, 2017 at 01:44 PM



“ *Arrive in Style was purchased for the family of Tammy L Delmedico.*



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September 04, 2017 at 01:37 PM

RC

“ *Rick And Karen Crall lit a candle in memory of Tammy L Delmedico*



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**Rick and Karen Crall** - September 03, 2017 at 09:59 AM

JH

“ Jackie and I was saddened when we heard of Tammy passing.  
We are praying for Jeff and the kids that God will give you comfort.

Jackie and Mary Harris - September 03, 2017 at 04:15 AM

JH

“ Jackie And Mary Harris lit a candle in memory  
of Tammy L Delmedico



Jackie and Mary Harris - September 03, 2017 at 04:08 AM

NT

“ Nancy Thomas lit a candle in memory of  
Tammy L Delmedico



Nancy Thomas - September 02, 2017 at 11:38 PM

RW

“ You were a good friend...enjoyed playing softball with and against  
you... Your whole family is a class act and always has been... Though  
I haven't seen Tammy in several years, she was always ready with  
a hug when she seen you..

Ron Tank Winkler

Ron Winkler - September 02, 2017 at 10:01 PM



“ *Nancy Winn lit a candle in memory of Tammy L Delmedico*



Nancy Winn - September 02, 2017 at 10:00 PM



“ *Robbie Ayers lit a candle in memory of Tammy L Delmedico*



Robbie Ayers - September 02, 2017 at 09:07 PM



“ *62 files added to the album Life Tributes*



Clifford D Garrett Family Funeral Home - September 02, 2017 at 08:16 PM

TD

“ *Timmy, Leisha And Trent Downey lit a candle in memory of Tammy L Delmedico*



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**Timmy, Leisha and Trent Downey** - September 02, 2017 at 06:20 PM

JG

“ *Jesse Gonzalez lit a candle in memory of Tammy L Delmedico*



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**Jesse Gonzalez** - September 02, 2017 at 04:47 PM

CM

“ *Tammy was a wonderful friend to me in high school & as adults . She was very thoughtful & a joy to be around. She was always so positive & enjoyed life. Even during her illness she was a inspiration to visit with when my husband Rick & I would see her & Jeff At Rib Crib,one of our favorite places to eat. I was blessed to have her as a friend! My thoughts & prayers are with family.*

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**Cindy Moydell-Holland** - September 02, 2017 at 03:47 PM

TP

“ *I believe my 6th grade class in Braggs was "Mrs Harris's" first class. It's funny the things that stand out to you when you're young. She was always so kind and BEAUTIFUL. I remember her pretty natural curls and perfectly polished red nails. So sorry for the families loss.*

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**Tobi Poteete** - September 02, 2017 at 03:34 PM



“ Beautiful in Blue was purchased for the family of Tammy L Delmedico.



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September 02, 2017 at 03:27 PM



“ I got to know Tammy when she started coming to "Curves"to workout!!! I had her Mom Nancy for a PE teacher at CHS in Muskogee and loved her!! It didn't take me long to love Tammy also!! She always had a smile and a positive attitude. I loved hearing her stories, and about her kids. Nancy and Jayne also came and I had fun with them all!! She will be greatly missed but I know she's with her Heavenly Father in her Heavenly home with no more pain!! Prayers for peace for Nancy, Jayne, Jeff, and all her family and the many friends that loved her! Love and prayers for you all!!

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Barbara McElmurry - September 02, 2017 at 03:21 PM



“ Kristin Nicole lit a candle in memory of Tammy L Delmedico



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Kristin Nicole - September 02, 2017 at 02:30 PM

BM

“ *Tammy has blessed the lives of so many people!! What a wonderful person and example for the rest of us to follow. Her legacy will live on forever. Thoughts and prayers for her family now and in the coming days. Heaven has gained another angel!* ”

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**Belinda Mealer** - September 02, 2017 at 02:09 PM

MB

“ *Mickey And Eunice Brown lit a candle in memory of Tammy L Delmedico* ”



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**Mickey and Eunice Brown** - September 02, 2017 at 01:07 PM

DG

“ *We are so sorry for your loss, sending prayers for peace and comfort for your whole family.* ”

*Mike & Donna Graham*

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**Donna Graham** - September 02, 2017 at 12:50 PM

M(

“ *Great coach and even better mentor to us all. One of the most positive people I've ever known. She will be greatly missed.* ”



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**Melissa Meter (Leatherman)** - September 02, 2017 at 12:36 PM

TM

“ I am sorry to hear of her passing. We have a place at Tenkiller and meet Tammy at the produce stand when we would stop on the way to our place on weekends. I enjoyed talking to her and gifted her a rustic cuff bracelet. Your family is in my thoughts and prayers

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**Tonya Mabry** - September 02, 2017 at 12:26 PM

DC

“ Dee & Myra Cookson purchased the Love's Journey for the family of Tammy L Delmedico.



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**Dee & Myra Cookson** - September 02, 2017 at 12:15 PM

DS

“ She always had a beautiful smile on her face..a precious lady...God be with her family and her School family, she was loved by so many.

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**Donna Swanner** - September 02, 2017 at 12:13 PM

KL

“ Tammy, her mom Nancy and Jayne used to come in Curves in FTG (it's closed now). I worked there at the time. We had some great conversations back then. My daughter, Kali also had Tammy as a teacher and loved her. She will be missed. What an example you were, Tammy!!❤️ I'm praying for Nancy, Jayne and the whole family. May you find comfort during this time.  
Kim Landers



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**Kim Landers** - September 02, 2017 at 11:59 AM

SA

“ We are so sorry for your loss. Your in our thoughts and prayers.

*Connie & Susan Amerson*



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**Susan Amerson** - September 02, 2017 at 08:13 AM

SF

“ I am so sorry for your loss. My late husband and I knew Tammy from being such a loyal customer of Pizza Inn. She was always such a joy to talk to. She was a lot like my husband because she never let her illness get her down. I always looked up to her for that. Takes a lot to hold your head up and not let it get you down. I know she was a blessing to her family. You all will be in my prayers. Sally Funk

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**Sally Funk** - September 01, 2017 at 10:08 PM

BW

“ Billy And Linda White lit a candle in memory of Tammy L Delmedico



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**Billy and Linda White** - September 01, 2017 at 07:20 PM

BH

“ Berry & Beverly Harris lit a candle in memory of Tammy L Delmedico



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**Berry & Beverly Harris** - September 01, 2017 at 05:40 PM



“ *Pretty Please was purchased for the family of Tammy L Delmedico.*



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September 01, 2017 at 04:01 PM



“ *Tracy Fenton lit a candle in memory of Tammy L Delmedico*



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**Tracy Fenton** - September 01, 2017 at 03:40 PM



“ *Kanaiah lit a candle in memory of Tammy L Delmedico*



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**Kanaiah** - September 01, 2017 at 02:41 PM